





# Overcoming the Career Barrier In Front of Your Child

Career barriers can prevent your children from exploring broader options due to uncertainty and fear.

Everyone encounters a career barrier at least once in their life.

What are some career barriers that your child can face, and how can you help resolve them?

## People who surpassed their limits

Park ○○, the first Korean soccer player who joined the best team in the world, possessed an unparalleled spirit and endurance on the field. Surprisingly, he is known to be flat-footed. Having flat feet can impose a significant restriction to one's athletic abilities, but Park ○○ was able to overcome this through consistent practice and self-improvement. Actor Cheon ○○, who won the trophy at the Blue Dragon Awards, experienced a long period of obscurity and slump. However, he did not give up and continued to build his filmography until finally, he was recognized for his talent and performances. Similarly, most people achieve their goals by the time they overcome their career barriers and limits.



## How to tear down your child's career barrier?

Facing the fear is the first step in overcoming the child's career barrier. With your child, think about what career barriers could be blocking the way. Then, express both of your determination, by writing down the solution for each potential barrier. You might even catch a glimpse of your goals just over the barriers.

\*Reference: Samyang Media <Middle School Career and Occupation> Textbook

### Career barrier from child's perspective

e.g.) Proficient at one thing, but prefers the other more.

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### Solution from child's perspective

e.g.) Explore more types of jobs related to the field I prefer the most. Among them, choose the one that suits my abilities the best.

### Career barrier from parents' perspective

e.g.) Wants to pursue a career but lacks confidence

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### Solution from parents' perspective

e.g.) First, assess my aptitude and interest. Then, receive the appropriate training or education that can improve my abilities in the field.

\*References: Career Net > Career Counseling > Answers in Career Explorers



You can find more information on the career barriers that many teenagers face and the answers for counseling to solve these problems at Career Explorers on Career Net.

Career Net ([www.career.go.kr](http://www.career.go.kr)) > Career Counseling > Career Explorers > Career Island