

□ 연령·신장별 혈압의 성장도표

연령 (세)	수축기혈압 백분위수	신장 백분위수(남아)							신장 백분위수(여아)						
		5th	10th	25th	50th	75th	90th	95th	5th	10th	25th	50th	75th	90th	95th
7~8 ¹⁾	50th	99	100	101	103	105	107	108	97	98	98	100	101	103	104
	90th	114	115	116	118	120	122	123	112	112	113	114	115	117	118
	95th	119	119	121	123	125	126	127	116	116	117	118	119	121	122
	99th	127	128	129	131	133	135	136	123	123	124	125	127	128	129
8~9	50th	99	99	101	103	105	106	107	99	99	100	101	102	104	105
	90th	114	115	116	118	120	122	123	113	113	114	115	116	118	119
	95th	119	119	121	122	124	126	127	117	117	118	119	120	122	123
	99th	127	128	129	131	133	134	136	124	125	125	126	128	129	130
9~10	50th	99	100	102	103	105	107	108	100	100	101	102	104	105	106
	90th	115	116	117	119	121	122	124	114	114	115	116	118	119	120
	95th	119	120	121	123	125	127	128	118	118	119	120	122	123	124
	99th	127	128	130	131	133	135	136	126	126	127	128	129	131	132
10~11	50th	101	101	103	105	106	108	109	101	102	102	103	105	106	107
	90th	116	117	118	120	122	124	125	115	116	116	118	119	121	122
	95th	120	121	123	124	126	128	129	119	120	120	122	123	125	126
	99th	129	129	131	133	135	136	137	127	127	128	129	131	132	133
11~12	50th	102	103	105	106	108	110	111	102	103	103	105	106	108	109
	90th	118	119	120	122	124	126	127	116	117	118	119	120	122	123
	95th	122	123	124	126	128	130	131	120	121	122	123	124	126	127
	99th	130	131	133	134	136	138	139	128	128	129	130	132	133	134
12~13	50th	105	105	107	108	110	112	113	103	104	104	106	107	109	110
	90th	120	121	122	124	126	128	129	117	118	119	120	121	123	124
	95th	124	125	127	128	130	132	133	121	122	123	124	125	127	128
	99th	133	133	135	137	138	140	141	129	129	130	131	133	134	135
13~14	50th	107	108	109	111	113	115	116	104	104	105	106	108	109	110
	90th	122	123	125	126	128	130	131	118	119	119	120	122	123	124
	95th	127	128	129	131	133	134	136	122	123	123	124	126	127	128
	99th	135	136	137	139	141	143	144	130	130	131	132	133	135	136
14~15	50th	110	110	112	114	115	117	118	105	105	106	107	108	110	111
	90th	125	126	127	129	131	133	134	119	119	120	121	123	124	125
	95th	129	130	132	133	135	137	138	123	123	124	125	127	128	129
	99th	138	138	140	142	144	145	146	130	131	132	133	134	136	137
15~16	50th	112	113	115	116	118	120	121	106	106	107	108	109	111	112
	90th	128	129	130	132	134	136	137	120	120	121	122	123	125	126
	95th	132	133	134	136	138	140	141	124	124	125	126	127	129	130
	99th	141	141	143	144	146	148	149	131	132	132	133	135	136	137
16~17	50th	115	116	117	119	121	123	124	106	107	108	109	110	112	113
	90th	131	132	133	135	137	138	140	121	121	122	123	124	126	127
	95th	135	136	137	139	141	143	144	125	125	126	127	128	130	131
	99th	143	144	146	147	149	151	152	132	132	133	134	136	137	138
17~18	50th	118	119	120	122	124	126	127	108	108	109	110	111	113	114
	90th	134	135	136	138	140	141	143	122	122	123	124	126	127	128
	95th	138	139	140	142	144	146	147	126	126	127	128	130	131	132
	99th	146	147	149	150	152	154	155	133	134	134	136	137	139	140
18~19	50th	121	122	124	125	127	129	130	110	110	111	112	113	115	116
	90th	137	138	139	141	143	144	146	124	124	125	126	128	129	130
	95th	141	142	143	145	147	149	150	128	128	129	130	132	133	134
	99th	149	150	152	153	155	157	158	135	136	137	138	139	141	142

연령 (세)	이완기혈압 백분위수	신장 백분위수(남아)							신장 백분위수(여아)						
		5th	10th	25th	50th	75th	90th	95th	5th	10th	25th	50th	75th	90th	95th
7~8	50th	57	57	58	58	59	60	60	57	57	57	58	58	59	59
	90th	67	68	68	69	69	70	70	67	67	67	67	68	69	69
	95th	70	70	71	71	72	73	73	69	69	70	70	71	71	72
	99th	76	76	76	77	77	78	78	74	75	75	75	76	76	77
8~9	50th	58	58	58	59	59	60	60	57	57	58	58	59	59	60
	90th	68	68	68	69	70	70	70	67	67	67	68	68	69	69
	95th	71	71	71	72	72	73	73	70	70	70	71	71	72	72
	99th	76	76	77	77	78	78	79	75	75	75	76	76	77	77
9~10	50th	58	58	59	59	60	60	61	58	58	58	59	59	60	60
	90th	68	68	69	69	70	70	71	67	67	68	68	69	69	70
	95th	71	71	72	72	73	73	74	70	70	70	71	71	72	72
	99th	76	77	77	78	78	79	79	75	75	76	76	77	77	78
10~11	50th	58	59	59	60	60	61	61	58	58	59	59	60	60	60
	90th	69	69	69	70	70	71	71	68	68	68	69	69	70	70
	95th	71	72	72	73	73	74	74	71	71	71	71	72	73	73
	99th	77	77	77	78	79	79	79	76	76	76	77	77	78	78
11~12	50th	59	59	59	60	61	61	61	59	59	59	59	60	61	61
	90th	69	69	70	70	71	71	72	68	68	69	69	70	70	71
	95th	72	72	72	73	74	74	74	71	71	71	72	72	73	73
	99th	77	77	78	78	79	80	80	76	76	77	77	78	78	79
12~13	50th	59	59	60	60	61	61	62	59	59	60	60	61	61	61
	90th	69	70	70	71	71	72	72	69	69	69	70	70	71	71
	95th	72	72	73	73	74	75	75	72	72	72	72	73	74	74
	99th	78	78	78	79	79	80	80	77	77	77	78	78	79	79
13~14	50th	60	60	60	61	61	62	62	60	60	60	61	61	62	62
	90th	70	70	70	71	72	72	72	69	70	70	70	71	71	72
	95th	73	73	73	74	74	75	75	72	72	73	73	74	74	74
	99th	78	78	79	79	80	80	81	77	77	78	78	79	79	80
14~15	50th	60	60	61	61	62	62	63	60	60	61	61	62	62	63
	90th	70	70	71	71	72	72	73	70	70	70	71	71	72	72
	95th	73	73	74	74	75	75	76	73	73	73	74	74	75	75
	99th	78	79	79	80	80	81	81	78	78	78	79	79	80	80
15~16	50th	61	61	61	62	62	63	63	61	61	61	62	62	63	63
	90th	71	71	71	72	72	73	73	71	71	71	71	72	73	73
	95th	74	74	74	75	75	76	76	73	74	74	74	75	75	76
	99th	79	79	80	80	81	81	82	79	79	79	79	80	81	81
16~17	50th	61	61	62	62	63	63	64	62	62	62	62	63	64	64
	90th	71	72	72	73	73	74	74	71	71	72	72	73	73	74
	95th	74	74	75	75	76	76	77	74	74	74	75	75	76	76
	99th	80	80	80	81	81	82	82	79	79	80	80	81	81	82
17~18	50th	62	62	63	63	64	64	65	62	62	63	63	64	64	65
	90th	72	72	73	73	74	74	75	72	72	72	73	73	74	74
	95th	75	75	76	76	77	77	78	75	75	75	76	76	77	77
	99th	80	81	81	82	82	83	83	80	80	80	81	81	82	82
18~19	50th	63	63	64	64	65	66	66	63	63	63	64	65	65	65
	90th	73	74	74	75	75	76	76	73	73	73	74	74	75	75
	95th	76	76	77	77	78	79	79	76	76	76	76	77	78	78
	99th	82	82	82	83	83	84	84	81	81	81	82	82	83	83

주: 혈압 성장도표는 자동혈압계(Dinamap Procare 200)으로 측정된 것으로서 수은혈압계 측정치와 비교시 주의를 요함

주: 7~8은 만7세부터 만8세미만에 해당하며, 다른 연령에도 동일하게 적용됨

주: 6~7세(초1)는 7~8 혈압 기준치에 준해서 접근

참고자료 : 이종국 등. 2005년도 소아청소년 신체발육 및 혈압 표준치 제정사업 연구 보고서. 대한소아과학회, 질병관리본부, 2005