

1	Listening	MBTI Personality Test	Class No.	
	교과서 p.48		Name	

Youtube Clip- *What Is Your Myers Briggs Personality Type?*

Human beings enjoy **categorizing** things. It facilitates our **understanding** of relationships between things or concepts that might seem **unrelated**, as well as creating initial connections that in turn build relationships. It's no surprise then that **personality** quizzes are so popular. Although, the **majority** of them are either outrageously inaccurate or somewhat true at best, the Myers Briggs test **however**, has gained much popularity as a deeply insightful and accurate profile of characteristics within a person. Created by Isabel Briggs Myers and her mother Katharine, the test based on Carl Jung's psychological types categorizes **individuals** into one of sixteen types. These types are **four** letter acronyms divided on the different ways a person perceives and relates to the world and others around them. The four-letter acronyms can be **defined** as the following: Introvert vs(versus) Extrovert. The first acronym characterizes individuals as either introverted or extroverted. A **misconception** of introverts is that they are reserved or **shy** but it is actually how they derive energy from their inner world and need to be alone to **recharge**. They may feel **drained** of energy when spending too much time with others. Extroverts, **on the other hand**, are energized by **interaction** with people. Their energy comes from **outer** world activities as they prefer to move into action and make things happen.

♥Vocabulary Question♥

수업 중 학습한 단어를 정리해 봅시다.

단 어	뜻

♥Reading Questions♥

(1)Who developed the Myers Briggs Test?

(2)What is the most people' misunderstanding to introverts?

(3)How extroverts get recharged?

■Learning Log

2	Listening	MBTI Personality Test	Class No.	
	교과서 p.48		Name	

Youtube Clip- *What Is Your Myers Briggs Personality Type?*

Intuition vs(versus) Sensing. Sensing types tend to pay **attention** to the physical world around them. They notice facts, the practicality of things, and trust **experience** heavily. Intuitive types **prefer to** work with the abstract, pay more attention to meaning and patterns. They're more **interested** in new possibilities or thinking about ideas than reality and **hands on** experience. Thinking vs(versus) Feeling. This pair describes how individuals prefer to make decisions. Thinkers prefer to make decisions **logically** by being impersonal to avoid outside influences. They look for logical explanations then apply it when making decisions and believe that truth is more important than tact. **In contrast**, feeling types weigh personal opinions and other points of view when making decisions. Concerned with **harmony** and how the people involved will be affected, they lean more towards tact than telling the cold truth. They like to approach decision making through **compassion** and heart. And lastly, Judging vs(versus) Perceiving. These traits express your orientation to the outer world what others tend to see. **Judging** types are commonly seen as orderly and live to have control over their lives through **organization**. They are seen as list makers, task orientated, and are usually work before play kind of people. Those who are a perceiving type rather, appear to be flexible and spontaneous. **Instead of** organizing their world, perceiving types look as if they want to adapt to it. Mixing work and play and keeping plans to a minimum. So, Those are the **four** categories of the Myers Briggs personality types. An individual's final type is made up of one of each of the categories then combined.

♥Vocabulary Question♥

수업 중 학습한 단어를 정리해 봅시다.

단 어	뜻

♥Reading Questions♥

- (1)Intuitive people tend to be interested in reality and experience.
..... (T / F)
- (2)Thinkers prefer to think based on their personal opinion.
..... (T / F)
- (3)Perceiving-type people like to organize plan or things before acting.
..... (T / F)

■Learning Log

--