

MBTI Personality Test

ISTJ The Inspector	ISFJ The Protector	INFJ The Advocate	INTJ The Architect
ISTP The Crafter	ISFP The Artist	INFP The Mediator	INTP The Thinker
ESTP The Persuader	ESFP The Performer	ENFP The Champion	ENTP The Debater
ESTJ The Director	ESFJ The Caregiver	ENFJ The Giver	ENTJ The Commander

Find the Answer | What do the MBTI creators say about their system?



MP3 & 번역

Many people wonder what kind of personality that they have. One of the most influential personality tests has been those based on the Myers Briggs Type Indicator, better known as the MBTI.*

The MBTI system was developed in the 1940s by Isabel Myers and her mother Katherine Briggs in the United States. The mother-and-daughter duo believed that conflicts among people occurred because of differences in personalities. Influenced by the theories of German psychologist Carl Jung, they constructed a system to help people identify and understand each other's personality traits.

According to the MBTI system, people can be categorized into

16 distinct personality types. Each person's personality type is identified by answering a series of 93 questions. Through the questionnaire, the MBTI analyzes various traits, including how the person gathers information, how they deal with the outside world, and how emotional they tend to be.

Finally, the MBTI determines the specific personality type of the respondent, given by a four letter code. Also, each personality type is named for the kind of work that this person may be suited for.

For instance, an introverted and logical person may be categorized as ISTJ, or the Inspector. They may be suited for work that is very structured and requires planning.

On the other hand, ENTJ, or the Commander, is outgoing and future-oriented. People of this personality type are thought to have good leadership skills.

Myers and Briggs, however, said that all MBTI personality types had equal value. By recognizing each other's differences, they hoped people could work together in greater harmony.

In the second half of the 20th century, the MBTI became widely used by individuals and organizations throughout the world. Even today, it is still seen as a useful instrument to gain insight into personalities. ⑬

* MBTI (일상생활에 활용할 수 있도록 고안된 자기보 고식 성격유형지표)



Video

For Discussion | Do you think personality tests like the MBTI can be helpful?

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personality 성격 / wonder 궁금해하다 / influential 영향력이 큰 / indicator 지표 / conflict 갈등, 충돌 / construct 구성하다, 고안하다 / identify 확인하다, 알아보다 / trait 특성 / categorize 분류하다
distinct 구별되는 / questionnaire 설문지 / analyze 분석하다 / deal with 다루다, 대하다 / tend to ~하는 경향이 있다 / determine 결정하다 / specific 특유의 / be suited for ~에 적합하다
introverted 내성적인 / inspector 감찰관 / structured 구조화 된, 조직화 된 / commander 지휘관, 사령관 / outgoing 외향적인 / future-oriented 미래 지향적인 / recognize 알아보다, 인정하다
instrument 수단, 방법 / gain insight into 꿰뚫어 보다