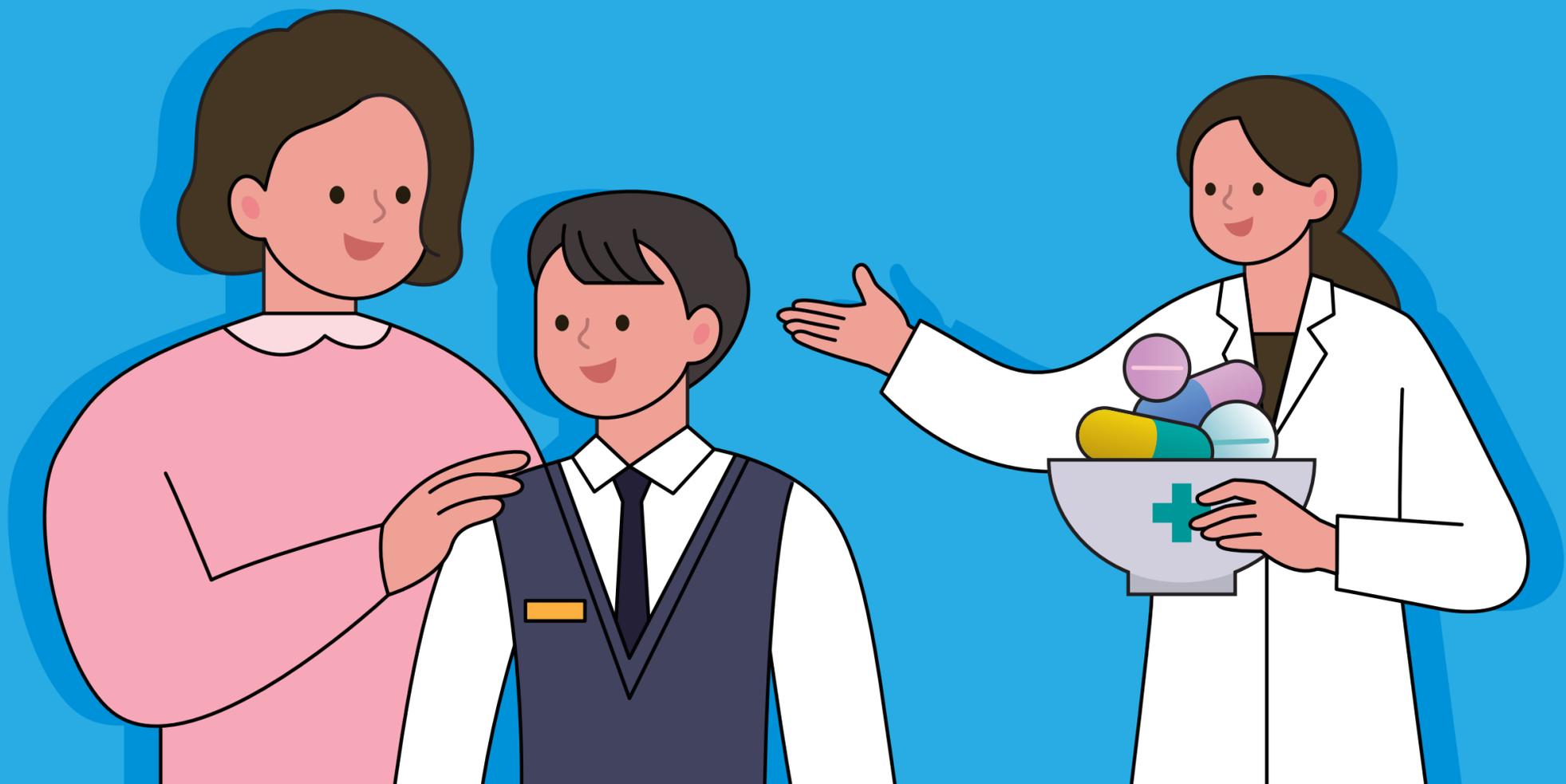


# What you need to know about psychotropic drugs for your children's safety



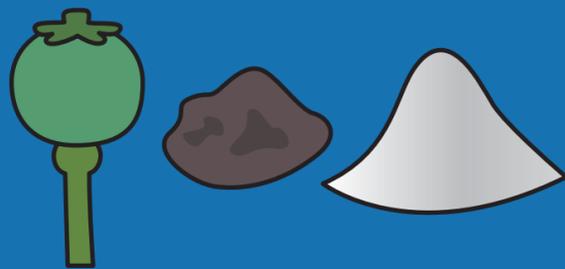
Why are **psychotropic drugs** used for

medical purposes classified as narcotics?

- ✓ **Psychotropic drugs** act on the central nervous system and cause **serious harm** to the body if they are **misused or abused** without a doctor's prescription.
- ✓ Therefore, the use of psychotropic drugs should be strictly controlled.

## Types of drugs

### 1 Narcotics



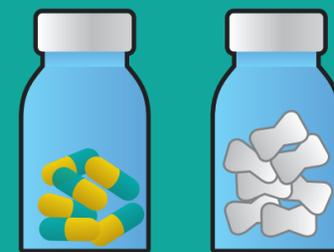
opium poppy, opium, morphine, heroin, fentanyl, etc.

### 2 Cannabis



marijuana and hashish, oil, etc. obtained from marijuana

### 3 Psychotropic drugs



the most common types of drugs, including drugs used for medical purposes.

# What are the types of **psychotropic drugs** used for medical purposes?

## 1 **'Sleeping pills'** to treat insomnia

- : zolpidem, triazolam, etc.
- : strictly limited to short-term treatment of insomnia among adults
- : cannot be prescribed to children and adolescents under the age of 18



## 2 **'Anorectic drugs'** to help people lose weight

- : phentermine, phendimetrazine, etc.
- : cannot be prescribed to children and adolescents under the age of 16

## 3 **'ADHD Treatment'**, mistakenly advertised as stimulants for academic performance

- : methylphenidate, etc.
- : not effective if not diagnosed with ADHD



## 4 **'Narcotic Fentanyl patch'** that looks like a pain relief adhesive patch

- : fentanyl patch
- : used as narcotic analgesics, it can only be prescribed for extreme pain, such as pain in terminal cancer.
- : cannot be prescribed to children and adolescents under the age of 18



## Things to keep in mind regarding psychotropic medications



- ✓ Psychotropic drugs **must be prescribed by a doctor** at a medical institution, taken as prescribed, and **used only by the person prescribed**.
- ✓ Psychotropic drugs have a greater risk of addiction than other medicines, so you should **never use them for anything other than their intended purpose**.

## Accurate use of psychotropic drugs for

medicinal purposes can avoid the risk of addiction

- ✓ Parents/guardians are advised to pay close attention to their children to protect them from the negative consequences caused by drugs.



### Organizations for drug counselling and education



✓ Korean Association Against Drug Abuse (KAADA) : 1899-0893

- Drug counselling is available via phone, mail, email, or personal visits at 13 KAADA regional offices
- Referral to medical institutions for treatment



### Organizations for outpatient, hospitalized treatment and counselling



✓ Treatment and protection centers within the local community

✓ Addiction Management Center



### Educational materials for prevention of drug use by adolescents



✓ Student Health Information Center  
: <https://schoolhealth.kr>



### Drug Crime Reporting Agencies

✓ Police: 112

✓ Prosecutors' Office: 1301

※ Please be assured that your personal data will be strictly kept confidential.

※ Counselling is also available through family members or friends.