

Before Reading

Connecting to the Topic

A Here are some staple foods from around the world. With your partner, talk about in which countries people eat them. 👤👤



B Watch the video clip and guess what it is about. 🎥



- a. the origin of bread
- b. different types of bread
- c. the process of making bread
- d. the importance of bread in daily life

C Listen to Chad's story and answer the questions. 🎧

1. What is the main idea of the story?
 - a. the most popular type of bread in India
 - b. a special memory about his favorite bread
 - c. the health benefits of bread made at home
2. Do you have any special memories about food? Share them with your partner. 👤👤

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Vocabulary Preview

Read the following text and match the words in bold to their meanings.

Cooking Skills



How to Get a Crispy Crust on Bread

Do you want to make bread with a brown and **crispy** crust? Try these quick **culinary** tips.

- ✓ Make your **dough** with wheat flour, butter, water, and some salt.
- ✓ Use just a small amount of butter or water. Those **ingredients** will make the inside of the bread soft.
- ✓ Brush the top of the dough with egg yolks just before baking.



- a. : related to cooking or food
- b. : a mixture of flour and water ready for baking
- c. : firm and hard on the outside from being cooked
- d. : the food items that are used to make a particular dish

Reading Strategy in Context

Recognizing Reference Words

Reference words are used to avoid using the same words or phrases again. Words such as *it*, *them*, *this*, *that*, and *these* are common reference words. These words refer to other words that are located in the earlier sentences of a reading.

Read the following paragraph and choose which one of the underlined words refers to different meaning than the others.

A bagel is bread with a hole in the middle, like a doughnut. Unlike other bread products, bagels are boiled in water before they are baked. This cooking process makes bagels chewy and gives them a shiny surface. Since there is no butter, milk, or sugar added to bagels, they are low in fat and cholesterol. This has made them a popular healthy food.