

## Motivational Conversations Towards Your Dream

Motivational conversations can be the first step to your children's dreams.  
To motivate your children to find a career path, the most helpful thing is having conversations with parents, not teachers,  
nor studying in academies, or workbooks.  
Let's find out how to talk with your children to motivate them in their career paths.

### Have a motivational talk regularly

If you find it difficult to talk without any specific reason, set up a time for a family meeting. You can also pick a simple topic for discussion or talk about your dreams for the future over dinner. By constantly talking about and planning for the future with your children, you can help them with their career concerns, and they can think more concretely about their dreams.

### Building confidence through compliments and encouragement

When you talk with your children, it is important to listen rather than talk, empathize rather than persuade, and focus on the process rather than the outcome. If you allow your children to feel positive about themselves rather than think about their weaknesses, it will be helpful for them as they grow up and have dreams. Children are motivated to try new things when their parents praise and encourage them.

Reference: Parents Onnuri (parents.go.kr) > Webzine No. 8 > Academic mentoring

### Conversations with empathy for your children's dreams

Talking about dream careers with your children builds a strong bond with them. You can initiate continuous communication on career plans and studies regarding their dreams.  
Sharing stories about their dreams can motivate your children and help them understand why they need to study.

### Becoming a trusting parent

When it comes to career education for your children, you need to remember that parents can only help children choose their career. Even if you think there is a career that would be good for your children based on your experiences, you need to avoid forcing it on them. To become a "helper" for your children, it is important for you to have faith in their potential, even if it sounds a little absurd from a parent's point of view. Like all the other conversations with your children, the foundation for career education is also trust and communication. When parents trust their children and listen to them, the children can also respect their parents' career advice.

## Conversations Focusing on the Process, Not on the Outcome

When parents and children have conversations, there is a big difference between conversations focused on the process (efforts) and those focused on the outcome (ability). The way you encourage your children affects their attitude and even their career path. Let's take a look at the examples and think about the conversation methods that motivate your children.

### Motivation based on the outcome (ability) / Checking the results of what your child did

"Did you finish your homework?"  
"How many friends did you make?"  
"Did you go to the academy?"  
"Did you get compliments from your teacher?"

※ If you motivate your children by focusing on the results,  
your children will have difficulty thinking about careers in various fields.  
You need to guide your children to develop their abilities  
by expanding their talents like a spider's web.



### Motivation based on the process (efforts) / Complimenting on the child's efforts and attitude

"You said this assignment was difficult, but you did it all by yourself."  
"What group assignments made you closer to friends?"  
"You're going to the academy on time."

※ On the other hand, parents who compliment the efforts and attitudes of children and encourage them are motivators who focus on the process. It does not mean that you should always compliment them. Let your children reflect on how well they did on the process instead of the outcome, and allow them to understand the meaning of the outcome by themselves. Students who evaluate the outcome themselves will also set the next goal by themselves. It is better to encourage your children to become motivated to try.



Learn more about conversational methods that help with career awareness.

Conversations while eating have the advantage of allowing you to talk about various topics in daily life.  
Learn about the conversations at meals that can help your children with career awareness.

Parents Onnuri (parents.go.kr) > e Library > Career Education Materials > Dream Letter > 2018-No. 08 > Career Awareness, from a dinner table

